



2010
World Grits Festival
Annual 5K Run
April 17 at 9:00 am

Contestant's name _____ **Age** _____

Address _____ **Phone** _____

City _____ **State** _____ **Zip** _____

E-Mail _____

T-Shirt size _____

Registration Fee is \$10.00

Race starts at 9:00am

LIABILITY WAIVER & RELEASE

Upon acceptance of my entry, I for myself, my heirs & assigns, hereby release the sponsors & officials of the World Grits Festival 5K Fun Run for any and all liability arising from illness, injury or death I may suffer as a result of my participation in these events.

I attest that I am physically fit and have sufficiently trained for these events and I am aware that my participation could, in some circumstances result in physical injury. Should officials determine that completion of these events would be injurious to my health, I consent to be removed and treated by the physician in attendance or of their direction. I also consent to my removal in the event that I violate the prohibition on strollers, bikes, skates or other wheeled devices or if I in any way endanger the safety of others. I give

Permission for free use of my name and pictures in any broadcast, telecast, or written account of these events, I also understand that The entry fee is **NON-REFUNDABLE**

MAKE CHECKS OR MONEY ORDER PAYABLE TO: WORLD GRITS FESTIVAL

P.O. BOX 86

ST. GEORGE, S.C. 29477

Date _____

Signature of Parent or Guardian if under 18 required